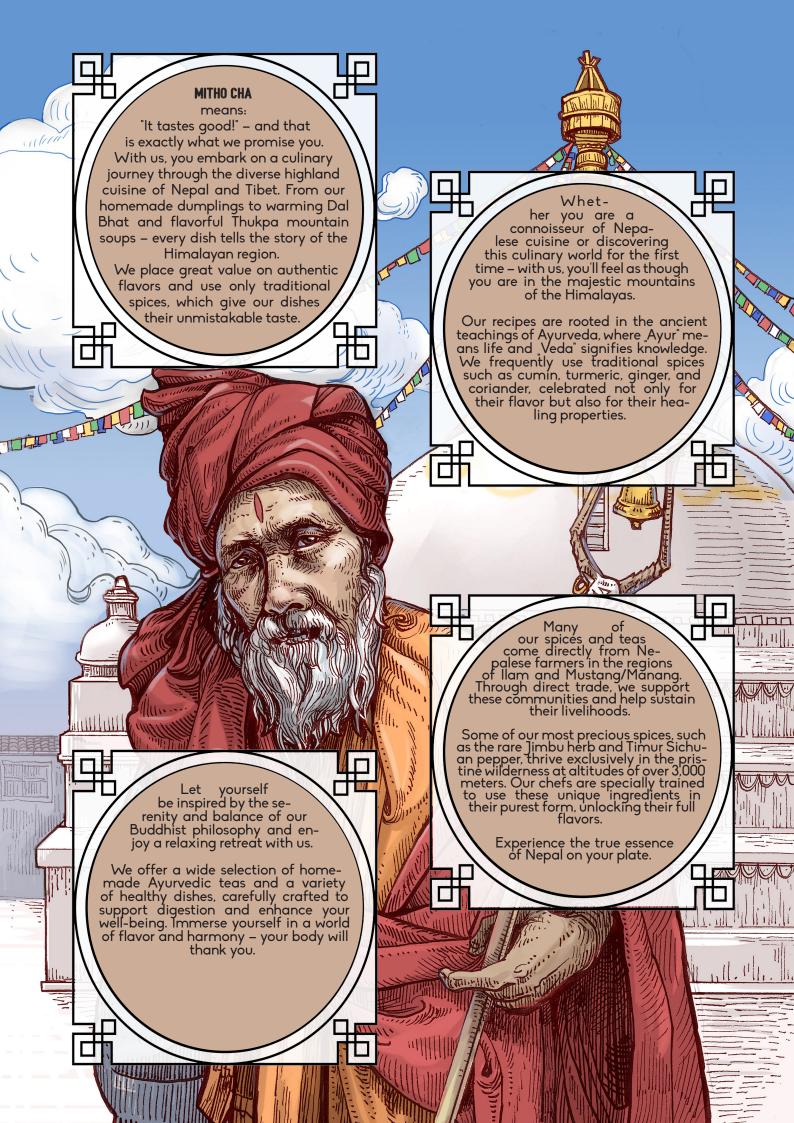


AUTHENTIC NEPAL & TIBET KITCHEN



NAMASTE & TASHI DELEK

WELCOME TO THE HIDDEN GEM OF BERLIN PRENZLAUER BERG!



STARTERS खाजा

1. CHICKEN SATÉ EKFL Chicken Skewers with Peanut Chutney ____ 7.5 €

2. TARKARI KO BURRY AFEGKCL Homemade vegetable balls tibetan style ___ 7.5 €

3. BHANTA TAREKO 🍸 FEKL

Crispy Eggplant Slices in Chickpea Batter ___ 7.5 €

4. EVEREST BITES 🎷 AFKLE

Rice Paper Rolls Filled with Red & Purple Potatoes ____ 7.5 €

5. ALU CHOP → FKEL Homemade Peanut & Potato Balls --- 7.5 € MIXED STARTERS

6. VEGAN PRAWNS 🍾 AFKEL

Vegan lemongrass gambas ___ 7.5 €

Perfectly crafted for 3-4 people, this sharing platter offers a delicious introduction to the diverse tastes of our cuisine – an ideal choice for a communal dining experience!

7. Vegetarian___18.5 €
8. Non-Veg___ 20.9 €

AFEKGCHJL

9. **PAPAD** FKG 5 pc Papadam with yoghurt dip___ 3.5 €

soups सूप

THUKPA AEFK

Traditional Tibetan noodle soup with roasted cumin, seasonal vegetables & Szechuan pepper (large bowl). Choose from: rice noodles/wheat noodles.

> 15./ TOFU-VEG. THUKPA → ... 13.9 € 16./ LAMM THUKPA ... 15.9 €

SALADS

WITH AGAVE-SESAME DRESSING

17. CRUNCHY TOFU SALAD Y AFKEHJL

Leaf salad, arugula, cashew nuts, cherry tomatoes & crunchy tofu.___ 9.9 €

18. CRISPY CHICKEN SALAD AEFKHJL Leaf salad, arugula, cashew nuts, cherry

tomatoes & chicken satay.___ 11.9 €

 \rightarrow = SPICY γ = VEGAN The salad dressing includes mustard, agave syrup, olive and sesame oil, and apple cider vinegar.

= MITHO CHA'S FAVORITES

In every Tibetan household, great importance is placed on keeping the stove and woks impeccably clean. It is strictly forbidden to place a foot on the stove or spit into the fire, as there is a firm belief that every stove and fire embodies a divine presence. This presence is seen not only as the guardian of the flame but also as a symbol of compassion and lovalty. MINIM

flame but also as a symbol of compassion and loyalty.

According to Tibetan wisdom, the stove is considered the heart of the home, a sacred space where not only meals but also blessings are prepared. Those who care for the stove with love and devotion and prepare each dish with care invite the stove's blessings into their lives. This divine presence, which watches over the family's prosperity and health, rewards those who serve it reverently and attentively with abundance and happiness.

This profound connection between humans, nature, and the divine reminds us that the everyday—cooking a meal, maintaining the household—can become an act of worship through mindfulness and dedication. In every stove, in every flame, lies the potential to cultivate harmony and peace, both within our hearts and in the world around us. The wisdom of this tradition teaches us that true happiness and prosperity arise from the loving care we put into the things we do daily.

As early as the 14th century, Momos made their way from ancient Tibet to Kathmandu. These delicious dumplings, whose name "momo" translates to "cooking through steaming," quickly gained popularity in Nepal's local cuisine.

Originally filled with hearty yak meat, the preparation of Momos underwent a remarkable transformation in Nepal. Nepalese chefs began filling the dumplings with a variety of local ingredients, from potatoes and cheese to buffalo or chicken. They enriched these fillings with Nepal's rich array of Ayurvedic spices, such as turmeric and cumin, giving Momos their distinctive flavor profile.

Today, Momos are an integral part of Nepalese cuisine and have become a beloved staple of street food culture, enjoyed by locals and tourists alike. They embody not only the culinary richness of the country but also the fusion of tradition and innovation.

Traditionally, Momos are served with a flavorful tomato-Sichuan-coriander chutney, which perfectly complements the delicate flavors of the dumplings, making them an unforgettable culinary experience.

THE ROOF OF THE WORLD SPECIALTIES OF TIBETAN CUISINE

MO:MO म:म: DUMPLINGS

The dough and fillings are entirely homemade and then hand-rolled with care. Served with peanut and tomato-coriander chutney. Steaming time: minimum 20 minutes!

8 PIECES

35. VEGAN MOMO YAFKEL Filled with a variety of vegetables ___ 12.9 €

37. GREEN MOMO AFKEGL Filled with cheese and spinach___ 12.9 €

> **39. LAMB MOMO** AFKEL Filled with lamb meat___ 13.9 €

MIXED MOMO AFKHEGL Lamb, Veg & Green Momos

41./ 9 pcs ___ 14.9 €

SZECHUAN

Specialties with wild Szechuan pepper (Timur), found exclusively at altitudes above 3,000 meters in the Himalayas.

69. KUNG PAO LAMM 🌙 FAKGL

Lamb sautéed with peanuts in a wok, then deglazed with a hearty soy-garlic reduction. Garnished with fresh spring onions, tomatoes, and Timur Szechuan pepper___ 21.9 €

70. KUNG PAO SOYA 🍾 AFEKHJL

Vegan soy chunks marinated in traditional Tibetan spices, sautéed to golden perfection in a wok with peanuts, spring onions, and Szechuan pepper___ 16.9 €



SIZZLER

HOT PLATTERS Served with rice and salad.,

75. LAMB FRY 🌙 AFKL

Lamb marinated for 24 hours, cooked on a sizzling cast-iron plate with bell peppers, tomatoes, chili, and onions___ 19.9 €

77. CHICKEN SIZZLER FKL

Chicken marinated in Himalayan spices, cooked on a sizzling cast-iron plate with bell peppers, mushrooms, tomatoes, chili, and onions___ 18.9 €



AUTHENTIC NEPALESE

VEG शाकाहारी

FUSION OF ASIA

Served with rice, salad L and potato chutney

45. ALU SAG TAREKO \gamma FK

Sautéed spinach with potatoes and garlic, refined with cumin, coriander, turmeric, and ginger . ___ 12.9 €

46. SAG PANEER FKG

Paneer cheese in pureed spinach, refined with turmeric and ginger ___ 12.9 €

54. ALU BHANTA 🥜 FEKHJ Potatoes and braised eggplants in our homemade curry. ___ 13.9 €

56. CHANA MASALA y FEKHJ

Chickpea and zucchini curry. ___ 13.9 €

50. GREEN CURRY JY FEKHJ

Tofu & vegetables simmered in turmeric-infused yellowgreen coconut curry, garnished with chopped lemongrass, fresh Thai basil, and toasted lime leaves. (Bitter, sweet, and spicy).___ 16.9 €

51. TARKARI KAJU 🍾 FEKHJ

Seasonal vegetables in curry coconut milk with almonds and cashew nuts.___ 15.5 €

53. TOFU BADAM \gamma FEKHJ

Tofu in homemade peanut curry with onions, potatoes & nuts.___ 15.9 €

47. PANEER CHILLI 🤳 FEKHJ

Paneer marinated in turmeric and chili, stir-fried in the wok with bell peppers, onions, and mushrooms.___ 15.9 €

NON VEG मांसाहारी

Served with rice, salad , and potato chutney

LAMB

68. KHASI SAAG FK

Lamb goulash & spinach, refined with fenugreek leaves, ginger & Himalayan spices.___ 17.5 €

66. KHASI ALU FK

A traditonal mountain farmer's dish recommended by the chef. Lamb & potato goulash cooked with Nepalese spices.___ 17.5 €

DUCK

71. HAANS NARIWAL AFKEHH2

Crispy duck with vegetables in coconut curry, topped with cashew nuts and almonds.___ 17.9 €

73. HAANS BADAM FEKAHJH2

Crispy duck in homemade peanut curry (slightly sweet) with onions, potatoes & nuts.___ 17.9 €

CHICKEN

60. CHICKEN CURRY FK

The classic. Chicken breast sautéed with turmeric and coriander in homemade curry.___ 15.5 €

61. COCOS CHICKEN FEGKHJ

Chicken breast sautéed with almonds, cashew nuts, & fresh vegetables in curry coconut milk.___ 15.9 €

62. CHICKEN CHILI 🤳 FEKHJ

Chicken pieces marinated in turmeric and chili, cooked with onions, bell peppers, and mushrooms in a tomato-coriander reduction.___ 16.5 €

The Uniqueness of Nepali Culinary Culture Nepali cuisine is more than just food – it is an experience deeply rooted in the culture and tradition of the country. A meal in Nepal is characterized by sociability, mindfulness and the sharing of food mindfulness, and the sharing of food. Traditional Eating with the Hand In Nepal, it is common to eat with the hand, especially with the right hand, as this is seen as an expression of respect and connection to the food. Eating with the hand allows one to experience the text-ures and flavors of the food more intensely. Sharing Meals on the Floor Traditionally, in Nepal, meals are ea-ten sitting on the floor. This promotes a sense of community and connection
 not only with others but also with one's roots and nature. Nepali meals often consist of many small dishes served on a tray (Thali) or in bowls. From spicy curries and lentils (Dal) to healthy snacks like Momos, fresh vegetables, and tangy chutneys – everything is shared. This way of eating symbolizes com-munity and hospitality, which hold gre-at importance in Nepal. UNG A Nepali meal is not only delicious but also an opportunity to experien-ce the traditions and rich culture of the country - a feast for the senses and the heart. CT. TATA NBHO H (0)11/14





FRIED RICE & NOODLES Served with salad

55. VEG CHAU MIN AFCEKHJ

Fried noodles with vegetables & tofu, tossed in the wok.___ 12.9 €

57. PAD THAI AFCEKHJ

Rice noodles tossed in the wok with egg, sprouts, pak choi & peanuts.___ 13.9 €

49. YOGI BHAT EFKG

Paneer cheese & vegetables with fried rice.___ 11.9 €

SIDES

21. BHAT γ Small bowl of basmati rice.___ 3.5 €

 23. RAÍTA EGK
 Yogurt blended with roasted jeera, cucumber, coriander, honey & black salt ___ €2.9

> 24. ROTI → A Whole wheat flatbread ___ €3.3

 25. PLAIN NAAN ____ 3.9 €

 26. BUTTER NAAN ____ 4.2 €

 27. GARLIC NAAN ____ 4.5 €

AGC

30. SALAD FKLE Small salad with agave-sesame dressing.___ 4.9 €

31. **MUSTANG ALU** Potato wedges seasoned with Jimbu & Meethi.___ €5.9

32. SAAG FE YNepalese spinach sautéed with garlic & ginger ___ €4.9

34. PAPAD FK
 Y
 1 piece of papadam made from urad lentil and rice flour
 ____ €0.7 (gluten-free)

DESSERTS मिठाई

90. SHIKARNI AKGFHJ

Yogurt blended with cinnamon & cardamom, featuring a milk ball, cashew nuts & almonds.___ 6.5 €

92. MYSTIC MOUNTAIN AKEGFHJ

mountain" of fried banana, vanilla ice cream, and Oreos, topped with nuts & chocolate.___ 6.5 €

PANNA COTTA

Vegan vanilla-coconut panna cotta: 93. with Mangocrème γ --- 6.5 € 94. with Straberry puree γ ---6.5 €

95. GULAB JAMUN AKGFHJ two milkyballs ___ 3.9 €

DAAL BHAT THALI थाली THE NATIONAL DISH OF NEPAL

80. DAAL BHAT MASU FKEL

The Classic: Chicken Curry

Khasi Saag: Lamb and spinach stew cooked with Himalayan spices

Mustang Alu: Potato wedges seasoned with Szechuan pepper & Jimbu

Daal: Lentil soup – the staple food of the Himalayas

Served with: Papad, salad, rice, and Alu Achar: Potato-sesame salad

____ 21.9 €





82. DAAL BHAT TARKARI 🍾 FEKL

Chana Masala: Chickpea curry

Saag Tareko: Fresh pak choi sautéed with turmeric & jeera in the wok

Mustang Alu: Potato wedges seasoned with Szechuan pepper & Jimbu

Daal: Lentil soup – the staple food of the Himalayas

Served with: Papad, salad, rice, and Alu Achar: Potato-sesame salad

___ 18.5 €

Enjoy a complimentary cup of tea when you dine in traditional Nepalese style by eating with your hands!



THE MITHO CHA EXPERIENCE

3-Course Menu for 2 ____ 48.9 €



Starter Mixed Momo

2 pieces each of Vegan, Paneer, and Chicken Momos

Served with 2 different chutneys

Main Course Mitho Cha - Thali A curated selection of our Daal Bhat Thalis:

> Chicken Curry Khasi Saag Mustang Alu Chana Masala Vegetable Curry Daal Spinach

Served with salad, rice, and papadams

Dessert Shikarni

2 small bowls of yogurt blended with cinnamon, cardamom, and cloves, topped with nuts and a Gulab Jamun AFL EKHH2G

TEA SELECTION 0,35L KANNE 5.5€

SPECIAL HOUSE BLACK TEA

Sherpa Tea

Vegan

Homemade oat-yogi chai prepared with fresh ingredients using an old family recipe. (contains oat milk & sugar) 1

Nepali Highland Tea

Black Nepali tea with freshly squeezed lemon juice, ginger, honey, cardamom & cloves 1

WHITE & GREEN TEA

Dosha Balance

Jasmine tea should be steeped for a maximum of 2 minutes to preserve its floral flavor.

Zen Infusion

Japanese Genmaicha green tea with puffed and roasted rice grains.

White Monkey

The high content of polyphenols makes this Chinese white tea particularly precious.

Inner Glow

Nepal Kanchanjunga Green Tea from the highest tea-growing region in the world. Over 230 families rely on the sale of this tea to support their livelihoods

SOFTDRINKS

Still Water	1,90 / 0,21 3,50 / 0,41
Sparkling Water	1,90 / 0,21 3,50 / 0,41
Römerquelle Mineralwasser Naturell / Classic	6,40 / 0,75 FI.
Fritz Kola	2,90 / 0,21 4,90 / 0,41
Kola 1212 / Kola Zero 129 / Orange 21	11 12 13 / Lemon 12
Thomas Henry Spicy Ginger 12 / Ginger Ale 122 Pink Grapefruit 122/ Tonic Water 31	2,90 / 0,21 4,90 / 0,4 I
Säfte	2,90 / 0,21 4,90 / 0,41
Apple juice / orange juice / pinea	pple juice 11 13
Fruchtsaftgetränke	
Guava 2 12 13 / Lychee 11 12 13 / Mango	12 13
Nektare Maracuja	
Juice spritzer	2,70 / 0,21 4,50 / 0,41
Rhubarb spritzer	5,50 / 0,331
Basil Soda 11122	5,50 / 0,331

Ginger Mint Ginger-Mint-Lemon Ginger Chamomile Turmeric

FRESH HERBAL TEA

AYURVEDIC TEA

Surya Sip

Fresh turmeric, cinnamon, ginger

Shanti Shakti

Ajowan, fennel, and coriander seeds, cardamom, cloves, cinnamon, ginger

Tulsi Tapasya ⁴

Cardamom, cloves, cinnamon, fennel, ginger, peppercorns, Tulsi (holy basil).

Herbal Nirvana

Lemongrass, lemon verbena, lemon balm, and rose petals

Raab Ga Yangzin

Ayurvedic bagged tea, designed according to ancient Tibetan science to balance the body's energies. Directly sourced from monks of the Dalai Lama in India. It contains sapphire berry, wild saffron, cardamom, ginger, and Himalayan musk rose.

Caffè Crema	3,60
Espresso doppio	2,90 3,60
Cappuccino _G	4,50
Milchkaffee G	4,70

(mit Hafermilch ohne Aufpreis)

FRESH DRINKS 0.351		
MANGO LASSI G	5.5	
DETOX LIME SODA Lime, cucumber, and soda (sugar GINGER-MINT- ICED-TEA homemade		6.9
RASPBERRY LEMONADE Pureed raspberries, lime juice, soda	a'	7.5

BIER (A)

Warsteiner	4,20 / 0,31 5,90 / 0,51	
Pilsener Draft Beer		
Augustiner	4,20 / 0,31 5,90 / 0,51	
Augustiner München Bräu		
South German Pale Draft Be	eer	
Radler 12	3,90 / 0,31 5,50 / 0,51	
Pilsener Draft Beer and Sprit	e	
Nepali Bier Ask for availability:	5,50 / 0,33 FI 8,90 / 0,65 FI	
, Sherpa Bier / Lukla Bier / Barasinghe Pale Ale / Nepal Ice / Everest		
Erdinger wheat beer	5,70 / 0,51	
Dark / Pale / Alcoholfree		
Lammsbräu alcoholfre	e beer 4,90 / 0,33 FI	

LONGDRINKS 2

Campari Soda / Orange	7,50
Kuba Libre 1212	7,50
Vodka Limone 12	7,50
Whiskey Kola 1212	7,50
Gin Tonic (different gins available)	7,50
Lychee & Love 11 12 13 Vodka, Lycheejuice, Sprite	7,50
Monkey Temple 12 Monkey47 Gin, Lime, Sprite	9,90
Himalayan Salt Bae 212 Tequila, Pink Himalayan Salt, Pink Grapefruit	7,50

FROM NEPAL

APERITIF₂

Aperol Spritz _{2 8} Prosecco, Aperol, Soda, Orange	6,90
Rhabarber Spritz ⁸ Likör 43, Rhubarb spritzer, Prosecco	6,90
Basil Spritz ⁸ Prosecco, Basil-Soda, Mint	6,90
Pink Spritz ² Aperol, Thomas Henry Pink Grapefruit, Proseco	6,90
Lychee Spritz 28 Prosecco, Lychee juice, Lychees, Soda, Mint	6,90
Hugo Elderberry syrup, Prosecco, Mint, Lime	6,90
Campari 2	3,90 / 5cl
Negroni ² 2cl Campari, 2cl Red vermouth, 2cl Gin	6,90



Ruslan Nepal. Vodka	3,90 / 2cl
Khukri Nepal. Rum	3,90 / 2cl
Reisschnaps 54% vol	3,90 / 2cl

SHOTS

Vodka		2.5 € / 2cl
Tequila		2.5 € / 2cl
Amaretto		2.5 € / 2cl
Jägermeister		2.5 € / 2cl
Sambuca		2.5 € / 2cl
Ramazotti		2.5 € / 2cl
Grappa		2.5 € / 2cl
Mango Shot		2.5 € / 2cl
Guava Shot		2.5 € / 2cl
Likör 43		2.5 € / 2cl
Berliner Luft		2.5 € / 2cl
Bailey's		2.5 € / 2cl
	SHOOTER	

B52 Kahlua, Bailey's, 73% Rum	4.9€
Orgasmus Sambuca, Bailey`s	4.9€

WHISKEY

Chivas Regal 12]. Blended Scotch 3,90 / 2cl 6,90 / 4cl Old Durbar 3,90 / 2cl 6,90 / 4cl

A blend of English grain spirit and 8-year-old Scottish malt whisky, combined with spring water from the Himalayas, aged in European oak casks that previously contained Oloroso sherry, and refined in Nepal.

Old Durbar Black Chimney	4,90 / 2cl	8,90 / 4cl
Jack Daniels Tennessee	3,90 / 2cl	6,90 / 4cl
Jameson Irish Whiskey	3,90 / 2cl	6,90 / 4cl



WINES 8

WHITE WINE

RED WINE

House wine white dry Weißburgunder dry - Weinhaus Barzen - Mosel - Reil Soft and harmonious, well-suited to vegan dishes

Riesling7,90 / 0,21 | 28,90 / 0,75 Fl.off-dry - Weinhaus Barzen - Mosel - ReilLow in acidity and full-bodied, a classic patio wine

House wine red dry

Nero d'Avola7,90 / 0,21 | 28,90 / 0,75 Fl.dry - Itynera - Italy - SicilyThe fruity aromas are followed by a bold and elegant finish

SEKT

White wine spritzer

5,90 / 0,2l

ROSE

Haus Rosé5,90 / 0,21 | 21,90 / 0,75 Fl.trocken - Cassaigne - South france - Côtes de GascogneA rosé made from Tannat and Cabernet Sauvignon

Sparkling wine Prosecco

23,90 / 0,75 Fl. 2,90 / 0,11

-01

6,90 / 0,21 | 17,20 / 0,51



visit NEPAL the birthplace of buddha

A - Gluten-containing cereals and products derived from them B - Cancer and cancer-causing productsC - Eggs and egg productsE - Peanuts and peanut productsF - Soy and soy productsG - Milk and dairy productsH - Almonds and products derived from themH2 - Cashew nuts and products derived from them] - Hazelnuts, pecans, Brazil nuts, pistachios, macadamia nuts, Queensland nuts, and products derived from themK - Sesame seeds and sesame productsL - Mustard and mustard products 1 - Caffeine-containing2 - With caloring agents3 - Contains quinine4 - Preserved5 - With flavor enhancers6 - Sulfured7 - With phosphates8 - Contains sulfites9 - Contains a phenylalanine source 10 - Contains aspartame with sweeteners11 - With antioxidants12 - Contains acidifiers/acidity regulators 13 - With stabilizers

VIII