

# STARTERS खाजा

1. CHICKEN SATÉ EKFL

Chicken Skewers with Peanut Chutney \_\_\_ 7.5 €

2. SHA PHALEY AFEGKEL

Tibetan Dumplings, Crispy Fried with Veggie & Paneer Filling \_\_\_ 7.9 €

3. BHANTA TAREKO Y FEKL

Crispy Eggplant Slices in Chickpea Batter \_\_\_ 6.9 €

4. EVEREST BITES Y AFKLE

Rice Paper Rolls Filled with Red & Purple Potatoes \_\_\_ 6.9 €

5. ALU CHOP  $\gamma$  FKEL

Homemade Peanut & Potato Balls \_\_\_ 6.9 €" 6. CHICKEN 65 AFKEL

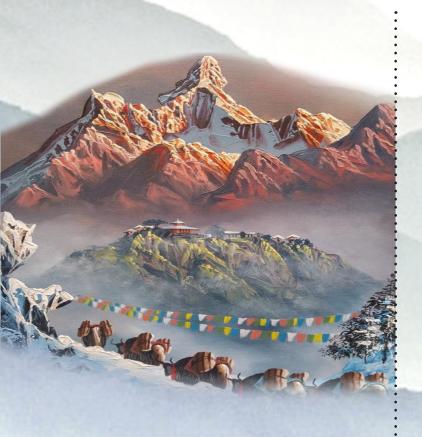
Turmeric & Ginger-Marinated Chicken Tossed in Spicy Chili-Soy Reduction \_\_\_ 9.9 €

# **MIXED STARTERS**

Perfectly crafted for 3-4 people, this sharing platter offers a delicious introduction to the diverse tastes of our cuisine – an ideal choice for a communal dining experience!

7. Vegetarian\_\_\_18.9 €8. Non-Veg\_\_\_ 21.9 €

AFEKGCHJL



# sours सूप

14. DAAL V

Lentil Soup - The Staple of the Himalayas \_\_\_ 5.9 €

# THUKPA AEFK

Traditional Tibetan noodle soup with roasted cumin, seasonal vegetables & Szechuan pepper (large bowl).

Choose from: rice noodles/wheat noodles.

**15.**/ **TOFU-VEG. THUKPA ?** \_\_\_ 13.9 € **16.**/ **LAMM THUKPA** \_\_\_ 16.9 €

# SALADS

WITH AGAVE-SESAME DRESSING

17. CRUNCHY TOFU SALAD Y AFKEHIL

Leaf salad, arugula, cashew nuts, cherry tomatoes & crunchy tofu \_\_\_ 9.9 €

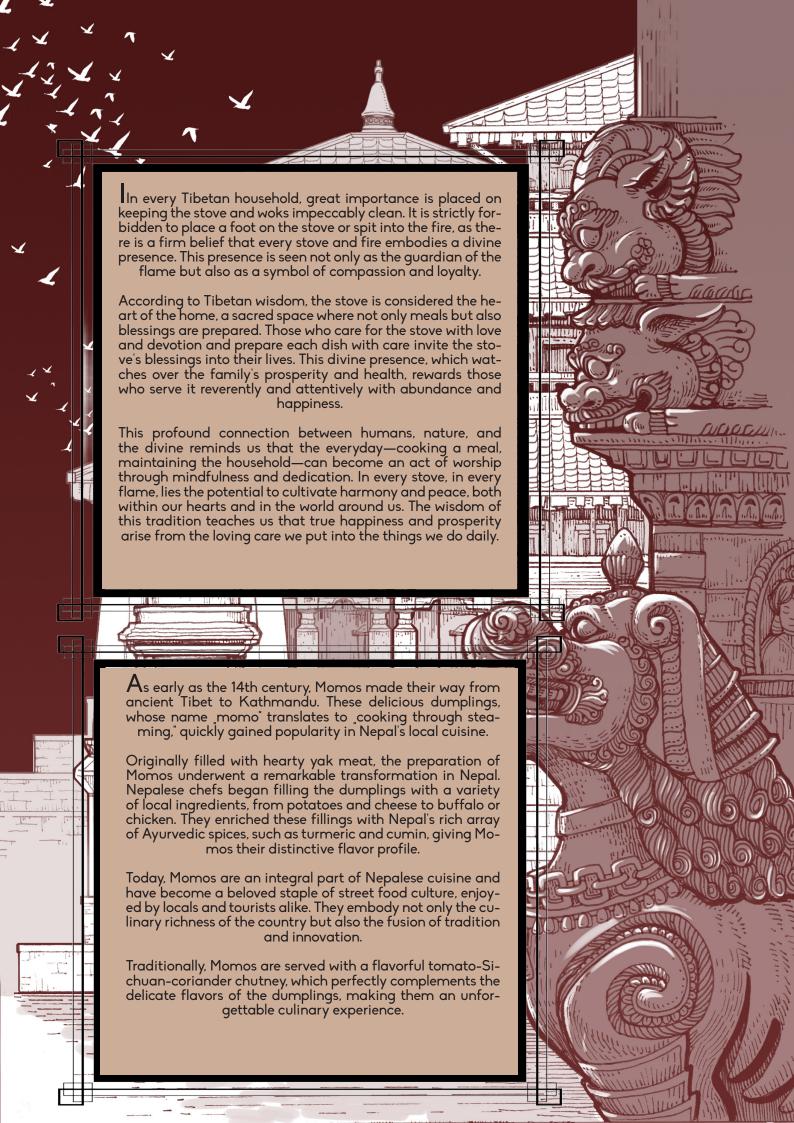
18. CRISPY CHICKEN SALAD AEFKHIL

Leaf salad, arugula, cashew nuts, cherry tomatoes & chicken satay \_\_\_ 11.9 €

= SPICY  $\gamma$  = VEGAN

The salad dressing includes mustard, agave syrup, olive and sesame oil, and apple cider vinegar.





# THE ROOF OF THE WORLD SPECIALTIES OF TIBETAN CUISINE



MO:MO म:म: DUMPLINGS

The dough and fillings are entirely homemade and then hand-rolled with care. Served with peanut and tomato-coriander chutney. Steaming time: minimum 20 minutes!

# 8 pieces

# 35. VEGAN MOMO VAFKEL

Filled with a variety of vegetables \_\_\_ 11.9 €

# 37. PANEER MOMO AFKEGL

Filled with paneer cheese and vegetables\_\_\_ 11.9 €

# 43. CHICKEN MOMO AFKEL

Filled with chicken \_\_\_ 12.9 €

# MIXED MOMO AFKHEGL

Chicken, Veg & Paneer Momos

41./ 9 pcs \_\_\_ 12.5 €



# **SZECHUAN**

Specialties with wild Szechuan pepper (Timur), found exclusively at altitudes above 3,000 meters in the Himalayas.

# 69. KUNG PAO LAMB J FKGL

Lamb sautéed with peanuts in a wok, then deglazed with a hearty soy-garlic reduction. Garnished with fresh spring onions, tomatoes, and Timur Szechuan pepper\_\_\_ 22.9 €

# 70. KUNG PAO SOYA V FEKHIL

Vegan soy chunks marinated in traditional Tibetan spices, sautéed to golden perfection in a wok with peanuts, spring onions, and Szechuan pepper. \_\_\_ 16.9 €



# SIZZLER

HOT PLATTERS Served with rice and salad.

# 75. LAMM FRY J AFKL

Lamb marinated for 24 hours, cooked on a sizzling cast-iron plate with bell peppers, tomatoes, chili, and onions\_\_\_ 21.9 €

### 77. CHICKEN SIZZLER AFKL

Chicken marinated in Himalayan spices, cooked on a sizzling cast-iron plate with bell peppers, mushrooms, tomatoes, chili, and onions\_\_\_ 18.9 €







AUTHENTIC **NEPALESE** 

# VEG शाकाहारी

**FUSION** OF ASIA



Served with rice, salad, and potato chutney

# 46. SAG PANEER

Paneer cheese in pureed spinach, refined with turmeric and ginger.\_\_\_ 11.9 €

# 54. ALU BHANTA Y FEKHJ

Potatoes and braised eggplants in our homemade curry. \_\_ 13.9 €

# 51. TARKARI KAJU V FEKHJ

Seasonal vegetables in curry coconut milk with almonds and cashew nuts. \_\_\_ 14.9 €

# 50. GREEN CURRY JY FEKHT

Tofu & vegetables simmered in turmeric-infused yellow-green coconut curry, garnished with chopped lemongrass, fresh Thai basil, and toasted lime leaves. (Bitter, sweet, and spicy)\_\_\_ 15.9 €

# 56. CHANA MASALAY FEKHJ

Chickpea and zucchini curry. \_\_\_ 12.9 €

# 47. **PANEER** CHILLI Paneer marinated in chili, spicy pan-fried.

53. TOFU BADAM V FEKHJ

Tofu in homemade peanut curry with onions, potatoes & nuts\_\_\_ €14.9

\_\_\_ 14.9 €

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Served with rice, salad, and potato chutney

**NON VEG** 

# 60. CHICKEN CURRY FK

The classic. Chicken breast sautéed with turmeric and coriander in homemade curry\_\_\_ €13.9

### 68. KHASI SAAG

Lamb goulash & spinach, refined with fenugreek leaves, ginger & Himalayan spices\_\_\_ €16.9

### 66. KHASI ALU FK

A traditional mountain farmer's dish recommended by the chef. Lamb & potato goulash cooked with Nepalese spices\_\_\_ €16.9

# 61. COCOS CHICKEN FEKH]

Chicken breast sautéed with almonds, cashew nuts, & fresh vegetables in curry coconut milk \_\_\_ €15.9

### 71. HAANS NARIWAL AFKEHH2

Crispy duck with vegetables in coconut curry, topped with cashew nuts and almonds \_\_\_ €16.9

# 73. HAANS BADAM FEKAH]H2

Crispy duck in homemade peanut curry (slightly sweet) with onions, potatoes & nuts \_\_\_ €18.5



# FRIED RICE & NOODLES

Served with salad

# 55. VEG CHAU MIN AFECKHI

Fried noodles with vegetables, egg & tofu, tossed in the wok.\_\_\_ €12.9

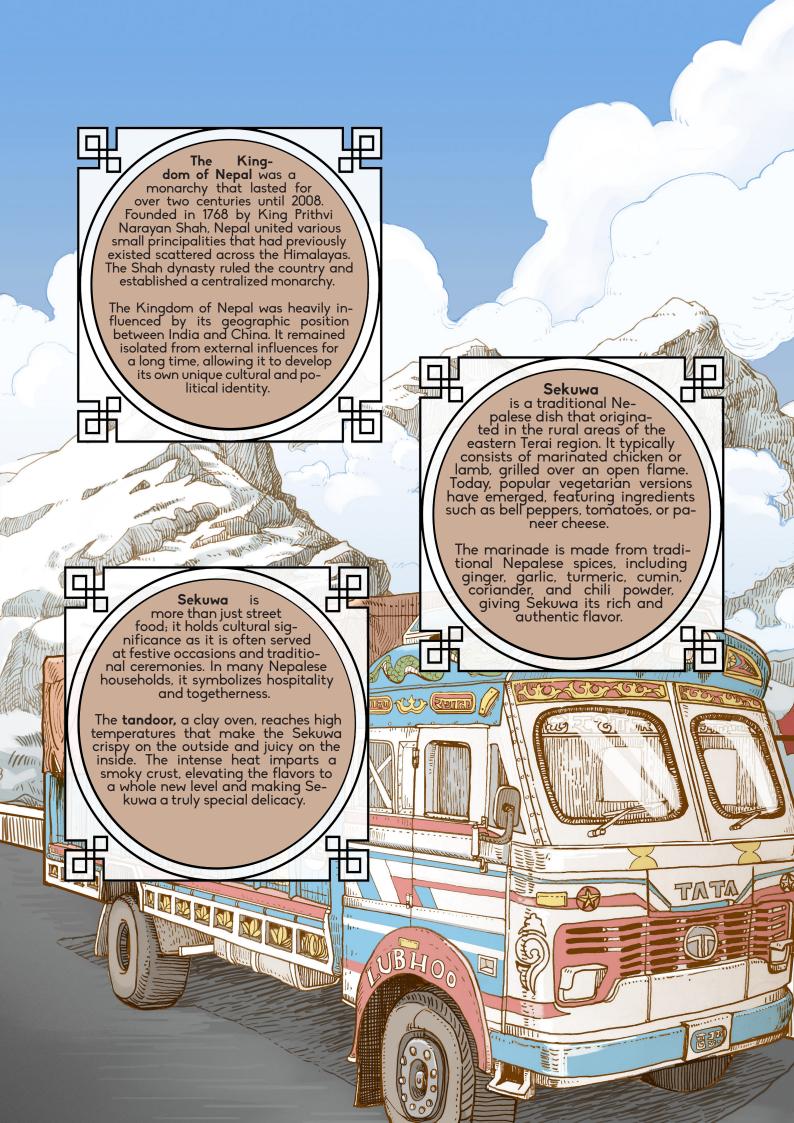
# 57. PAD THAI AFEKHI

Rice noodles tossed in the wok with egg, sprouts, pak choi & peanuts.\_\_\_ €12.9

# 49. YOGI BHAT

Paneer cheese & vegetables with fried rice.\_\_\_ €12.9







# SEKUWA GRILL सेकुवा

Served with julienne salad & Sriracha-cumin aioli and a free side dish of your choice FCH2

# 96. CHICKEN SEKUWA

Grilled chicken skewer and one side dish of your coice \_\_\_ €19.9





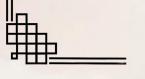


# 95. PANEER VEG SEKUWA

Grilled paneer cheese & vegetable skewer and one side dish of your coice \_\_\_ €18.9

# 97. LAMM SEKUWA

Grilled lamb skewer and one side dish of your coice \_\_\_ €22.9



SIDES

# 21. BHAT γ

Small bowl of basmati rice.\_\_\_ €2.9

# 22. CHUTNEYS AEFKGHH2

4 different chutneys \_\_\_ €2.9

# 30. SALAD FKLE Y

Small salad with agave-sesame dressing.\_\_\_ €3.9

# 24. ROTI \gamma A

28. CHEESE NAAN \_\_\_\_ €4.2

FRESH BREAD FROM THE CLAY OVEN AG

25. PLAIN NAAN <sub>2</sub>

27. GARLIC NAAN

Whole wheat flatbread \_\_\_ €3.9

# 31. MUSTANG ALU \gamma

Potato wedges seasoned with Jimbu & Meethi \_\_\_ €4.9

# 32. SAAG FET

Nepalese spinach sautéed with garlic & ginger \_\_\_ €4.9

# 34. PAPAD FK Y

5 pieces of papadam made from urad lentil and rice flour

\_\_\_ €3.5 (gluten-free)

# 23. RAÍTA EGK

Yogurt blended with roasted jeera, cucumber, coriander, honey & black salt \_\_\_ €2.9



# 90. SHIKARNI AKGFHJ

Yogurt blended with cinnamon & cardamom, featuring a milk ball, cashew nuts & almonds.\_\_\_ €4.9

# 92. MYSTIC MOUNTAIN AKEGEH

A "mountain" of fried banana, vanilla ice cream, and Oreos, topped with nuts & chocolate.\_\_\_ €6.9

## 93. PANNA COTTA >

Vegan vanilla-coconut panna cotta with a sweet mango cream \_\_\_ €4.9





€3.9

€3.9

# DAAL BHAT THALI THE NATIONAL DISH OF NEPAL

# 80. DAAL BHAT MASU FKE L

The Classic: Chicken Curry

Khasi Saag: Lamb and spinach stew cooked with Himalayan spices

Mustang Alu: Potato wedges seasoned with Szechuan pepper & Jimbu

Daal: Lentil soup - the staple food of the Himalayas

Served with: Papad, salad, rice, and Alu Achar: Potato-sesame salad

\_\_\_ €20.9





# 82. DAAL BHAT TARKARI 🥎 FEKL

Chana Masala: Chickpea curry

Saag Tareko: Fresh pak choi sautéed with turmeric & jeera in the wok

Mustang Alu: Potato wedges seasoned with Szechuan pepper & Jimbu

Daal: Lentil soup - the staple food of the Himalayas

Served with: Papad, salad, rice, and Alu Achar: Potato-sesame salad

\_\_\_ €17.9



# THE MITHO CHA EXPERIENCE

3-Course Menu for 2 \_\_\_ €46.9





# Starter Mixed Momo

2 pieces each of Vegan, Paneer, and Chicken Momos

Served with 2 different chutneys

# Main Course Mitho Cha - Thali

A curated selection of our Daal Bhat Thalis:

Chicken Curry Khasi Saag Mustang Alu Chana Masala Vegetable Curry Daal Spinach

Served with salad, rice, and papadams

# Dessert Shikarni

2 small bowls of yogurt blended with cinnamon, cardamom, and cloves, topped with nuts and a Gulab Jamun

> \_\_\_ €46.9 AFL EKHH2G

# TEA SELECTION 0,3L POT - 5.50€

## SPECIAL HOUSE BLACK TEA

# Sherpa Tee Vegan

Homemade oat-yogi chai prepared with fresh ingredients using an old family recipe.

(contains oat milk & sugar) 1

# Nepali Highland Tea

מליים ביים

Black Nepali tea with freshly squeezed lemon juice, ginger, honey, cardamom & cloves 1

# WHITE & GREEN TEA

# **Dosha Balance**

asmine tea should be steeped for a maximum of 2 minutes to preserve its floral flavor

### Zen Infusion

Japanese Genmaicha green tea with puffed and roasted rice grains

# White Monkey

The high content of polyphenols makes this Chinese white tea particularly precious

# **Black Dragon**

Oolong Tea - Black Dragon," a tea that falls between green and black tea (contains caffeine) 1

# **Inner Glow**

Nepal Kanchanjunga Green Tea from the highest tea-growing region in the world. Over 230 families rely on the sale of this tea to support their livelihoods

# FRESH HERBAL TEA

Ginger Mint Ginger-Mint-Lemon Ginger Chamomile Turmeric



# FRESH AYURVEDIC TEA

# Surya Sip

Fresh turmeric, cinnamon, ginger

# Shanti Shakti

Ajowan, fennel, and coriander seeds, cardamom, cloves, cinnamon, ginger

# Tulsi Tapasya

Cardamom, cloves, cinnamon, fennel, ginger, peppercorns, Tulsi (holy basil).

### Herbal Nirvana

Lemongrass, lemon verbena, lemon balm, and rose petals

# Dhania Dhyana

Coriander seeds, cumin, agave syrup



# **SOFTDRINKS**

Still water	2,20 / 0,21   3,50 / 0,41
Sparkling water	2,20 / 0,21   3,50 / 0,41

Selters Mineral water 6,90 / 0,75 FL

Naturell / Classic

Coca Cola 2.70 / 0.21 | 4.70 / 0.41

Cola 1212 / Cola Zero 129 / Fanta 2 11 12 13 / Sprite 12

**Thomas Henry** 2,90 / 0,21 | 4,90 / 0,41

Spicy Ginger 12 / Ginger Ale 122 / Bitter Lemon 31112

Pink Grapefruit 122/ Tonic Water 31112

**Juice** 2,90 / 0,21 | 4,90 / 0,41

Apple juice / orange juice / pineapple juice 1113

Fruchtsaftgetränke

Guava 2 12 13 / Lychee 11 12 13 / Mango 12 13

**Nektare** 

Maracuja

Juice spritzer chose your jucie 2,90 / 0,21 4,90 / 0,41

Rhubarb spritzer 5,90 / 0,331

**Basil Soda** 11122 5,90 / 0,331

**Rixdorfer Fassbrause** 12 3,20 / 0,21 | 4,50 / 0,41

# CAFE

Caffè Crema	3,40
Espresso   doppio	2,40   3,40
Cappuccino G	3,90
Milk coffee G	4,20

# FRESH DRINKS 0.351

MANGO LASSI G 5.5

**DETOX LIME SODA** 5.9 Lime, cucumber, and soda (sugar-free)

GINGER-MINT- ICED-TEA 6.9

homemade

RASPBERRY LEMONADE

Pureed raspberries, lime juice, soda

DHANIA ICED TEA

Homemade brewed coriander tea with rock crystal

sugar



6.9

### BEER (A) LONGDRINKS **Berliner Kindl** 3,90 / 0,31 | 5,50 / 0,51 7,50 Campari Soda / Orange Pilsener Draft Beer 7,50 Kuba Libre 1212 Allgäuer Büble 3,90 / 0,31 | 5,50 / 0,51 7,50 Vodka Limone 12 Büble Bayrisch Hell - South German Pale Draft Beer 7,50 Whiskey Kola 1212 Radler 12 3,90 / 0,31 | 5,50 / 0,51 Gin Tonic (different gins available) 7,50 Pilsener Draft Beer and Sprite 7,50 Lychee & Love 11 12 13 Nepali Bier 5,90 / 0,33 FI | 7,90 / 0,65 FI Vodka, Lycheejuice, Sprite Ask for availability 9.90 Sherpa Bier / Lukla Bier / Barasinghe Pale Ale / Nepal Ice / Everest Monkey Temple 12 Monkey47 Gin, Limetten, Sprite Büble Edel Wheat Beer 5.50 / 0.51 7.50 Himalayan Salt Bae 212 Schöfferhofer Wheat Beer 5.50 / 0.51 Tequila, Pink Himalayan Salt, Pink Grapefruit Dark / Crystal / Alcohol-free 7,50 Vodka Energy Lammsbräu alocholfree beer 4,90 / 0,33 Fl. FROM NEPAL Clausthaler alcoholfree beer 4.90 / 0.33 FL Unfiltered Ruslan Nepal. Vodka 3,90 / 2cl APERITIF. 3,90 / 2cl Khukri Nepal. Rum Aperol Spritz 2 8 6.90 3.90 / 2cl Reisschnaps 54% vol Prosecco, Aperol, Soda, Orange Rhabarber Spritz 8 7.90 **SHOTS** Likör 43, Rhubarb Spritzer, Prosecco Vodka 2.5 € / 2cl 7.90 Basil Spritz 8 Prosecco, Basil-Soda, Mint 2.5 € / 2cl Teguila Pink Spritz 2 7,90 **Amaretto** 2.5 € / 2cl Aperol, Thomas Henry Pink Grapefruit 2.5 € / 2cl ]ägermeister Lychee Spritz 28 6.90 Sambuca 2.5 € / 2cl Prosecco, Lychees, Soda, Mint 2.5 € / 2cl Ramazotti 6.90 2.5 € / 2d Holundersirup, Prosecco, Mint, Lime Grappa 2.5 € / 2cl Campari 2 3,90 / 5cl Mango Shot 2.5 € / 2cl Prosecco 8 2.90 / 01 **Guava Shot** Martini Bianco 3,90 / 5cl Likör 43 with milk +1€ 2.5 € / 2cl Negroni 7.90 4.9 € B52 Kahlua, Bailey's, 73% Rum 2cl Campari, 2cl Roter Wermut, 2cl Gin 4.9 € **Jäger Bomb** Jägermeister, Red Bull 4.9 € Orgasmus Sambuca, Bailey's Berliner Luft 2.5 € / 2cl

# WHISKEY

Chivas Regal 12J. Blended Scotch	3,90 / 2cl	6,90 / 4cl
Old Durbar	3,90 / 2cl	6,90 / 4cl
A blend of English grain spirit and 8-year-o		

A blend of English grain spirit and 8-year-old Scottish malt whisky, combined with spring water from the Himalayas, aged in European oak casks that previously contained Oloroso sherry, and refined in Nepal.

Old Durbar Black Chimney	4,90 / 2cl	8,90 / 4cl
Jack Daniels Tennessee	3,90 / 2cl	6,90 / 4cl
Jameson Irish Whiskey	3,90 / 2cl	6,90 / 4cl

# SPECIAL OFFER



# 2 FOR 1 ALL COCKTAILS AFTER 9 PM

# KATH-MANDU MULE

Nepali Vodka | Spicy Ginger | Ingwer homemade iced tea

€9.9

# CLASSIC OR STRAWBERRY MARGARITA

Tequila | Lime |Triple Sec |Sugar | Salt Strawberry

€8.9

# PINA COLADA

Ananas Juice | Cokospuree | Cokossyrup | Rum

€8.9

# MOSKOW MULE

Vodka | Spicy Ginger | Lime | Cucumber

€8.9

# WHISKEY / VODKA SOUR

Whiskey or Vodka | Lime Juice | Egg White | Sugar Syrup

€9.9

# CLASSIC MOJITO

White Rum | Lime-Wedges | Mint | Cane Sugar

€8.9

# HIMBEER MOJITO

White Rum | Lime-Wedges | Mint | Cane Sugar | Raspberry

€9.9

# LYCHEE GIN MOJITO

Gin | Lime-Wedges | Minze | Lycheeliqour | Lychees

€9.9

# ANNA-PURNA SUNSET

Vodka | Peach Tree Grenadine |O-Juice Ananas Juice

€8.9

# HIMALAYAN HONEY

Gin | Maracujasyrup | O-Juice | wild honey

€9.9

# HIMALAYAN SOUR

Nepalese Whiskey | Lime Juice | Egg White | Ginger Shot

€9.9

# MANANG MELON MAGIC

White Rum|Lime-Wedges | Mint | Watermelonsyrup

€9.9

# LUMBINI LYCHEE SLING

Gin | Lime | Minze | Lychees | Basil Soda

€8.9

# AILA MA RAILA

Rum | lime juice | Agave Syrup | Chhyang (Ricewine)

€8.9

# LOVE FROM NEPAL

Dark Rum | Lychee Juice | Peach Tree Lychees

€8.9

# SUMMER IN LHASA

Nepali Vodka|Mangosyrup | Sprite Triple Sec | Mint | Soda

€9.9

# MUSTANG MANGO MADNESS

Pitu do Brasil Mangopuee | Lime Cane Sugar

€8.9

## **MAI TAI**

Dark & WhiteRum | Pineapple Juice | TripleSec | Lime Juice | Almond

€10.9

# RESHAM FIRIRI (HOT)

Homemade Sherpa Tea (vegan) | 4cl Amaretto

€6.9

# EVEREST ELIXIR (HOT)

Cloves | Dark Rum Lime Juice | wild honey | Kardamom

€7.9

# ESPRESSO MARTINI

Vodka | Coffeesyrup | Sugarsyrup Espresso

€8.9

# **IPANEMA**

Maracuja Juice | Ginger Ale | Mint Cane Sugar | Lime

€6.9

# MOUNTAIN BREEZE

Ginger Ale | Mint Soda | Lime

€6.9

# COCONUT

Kokospuree | Pineapple Juice Grenadine

€6.9

# OPEN WINE .

**Primitivo** 6,90 / 0,21 | 13,90 / 0,51

dry - Boncore – Italy - Apulien

Dry & fruity, with a pleasantly smooth fruit sweetness.

Rosé Chiaretto di Bardolino 6,90 / 0,21 | 13,90 / 0,51

dry - Italy - Bardolino - Lenotti

Bright berry notes, harmonious & mild.

Grauburgunder 6,90 / 0,21 | 13,90 / 0,51

dry - Schittler & Becker - Rheinhessen - Germany Fruity pear and quince notes, lightly melting

6,90 / 0,21 | 13,90 / 0,51 Chardonnay

dry - La Trigi - İtaly - Venetien

A delightful aroma, it feels refreshing and invigorating

White wine spritzer 5,90 / 0,21



# WINE SELECTION.

# WHITE WINE

24.90 / 0.75 Fl. Riesling

off-dry - Weinhaus Barzen - Mosel - Reil

Low in acidity and full-bodied, a classic patio wine

Weissburgunder 24,90 / 0,75 Fl.

dry - Weinhaus Barzen - Mosel - Reil

Soft and harmonious, well-suited to vegan dishes

Sauvignon Blanc Parcival 24,90 / 0,75 Fl.

dry - Inurietta - Navarra - Spain

Exotic fruit notes with lively acidity

Riesling Hochgewächs 24.90 / 0.75 Fl.

dry - Weingut Peifer - Mosel - Traben-Tarbach Riesling pure, with fruity aromas of peach and citrus

# **RED WINE**

Nero d'Avola 26.90 / 0.75 Fl.

dry - ITYNERA - Italy - Sicily

The fruity aromas are followed by a bold and elegant finish

29,90 / 0,75 Fl.

dry - Weingut Peifer - Mosel - Traben-Tarbach Unfiltered, with a hint of oak aroma

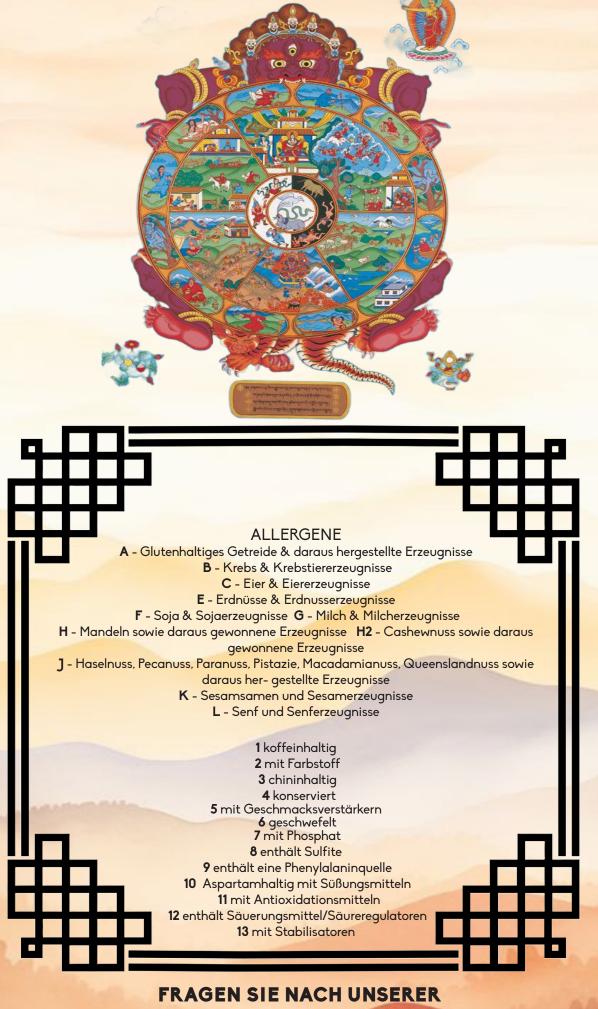
Cotes du Rhone 29,90 / 0,75 Fl.

dry - Maison Sinnae - Lirac Cotes du Rhone - France Aromas of ripe red berries and blackcurrant, with intense

Blanc de Blancs Vin Mousseux

Peach-almond note, lively & harmonious - France





KINDER KARTE

visit our places in

# NEPAL

the birthplace of buddha

MANDALA BOUTIQUE HOTEL

PAKNAJOL MARG 43/33, KATHMANDU NEPAL

SUNDOWN RESORT BY KARMA

6WHQ+5MP LAKESIDE POKHARA NEPAL

KARMA SKY BAR

BARAHI CHOWK LAKESIDE POKHARA NEPAL

KARMA BAR & CLUB

CHAKSIBARI MARG THAMEL
KATHMANDU NEPAL

SUGAR CLUB

CHAKSIBARI MARG THAMEL KATHMANDU NEPAL VILLA KARMA

ANADU, ACROSS FEWA LAKE POKHARA NEPAL

SWINGS BY KARMA

6WHM+6J LAKESIDE POKHARA NEPAL

AQUA COKTAIL BAR BY KARMA

44600 Kathmandu nepal

SILVER OAK BANQUET

BETWEEN PM ROAD AND TUKUCHA MARG KATHMANDU NEPAL

CABANA & CHINATOWN REST.

LAZIMPAT RD 27 KATHMANDU NEPAL